



Kedarashwar Gramin Vikas Pratishthan, Sangamner's

## Sunitatai Eknathrao Dhakane College of Management, Shevgaon

Approved by AICTE: New Delhi, DTE-Mumbai, Government of Maharashtra- H&T, Affiliated to SPPU, Pune



Gat No. 147/2, At /Po. Rakshi, Tal. Shevgaon, Dist. Ahilyanagar 414 502  
Email: sedhakanecom@gmail.com | Ph. 02429-293666

AICTE Permanent ID: 1-44136040053 | DTE Code: 5644  
SPPU Code: IMMA022320 |

Establishment  
MBA - 2024

Outward No. SEDCOM/COMMITTEE/11

Date: 01/07/2025

### OFFICE ORDER

To,

**Prof. Sunil G. Autade,**

Lecturer & Academic Coordinator

Dept. of Science & Humanities,

SEDCOE, Shevgaon

**Subject:** Appointment on Student counselor of the institute.

Dear Sir,

With reference to above cited subject, I am informed to bring to your kind notice that, you have been appointed as **student counselor** of the institute. You are supposed to make such a mechanism to provide a comfortable environment for all round development of the students. This mechanism helps the students in solving their personal, educational, social as well as psychological problems. The students should make comfortable to share their problems with the teachers and they are assured that their information will be kept confidential by the institute. This mechanism should also focus its efforts to develop positive attitude and behaviour in-order to meet challenges. Your skills in handling issues like interpersonal conflicts, relationship management, emotional disturbance, lack of concentration fear etc. will definitely help overall development of students. Wish you all the best.

Thanking you.

Yours Truly

**Dr. Riyazkhan H. Attar**  
Director

Sunitatai Eknathrao Dhakane  
College of Management, Shevgaon





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## CONSENT LETTER

Prof./Mr./Mrs. Autade Sunil Gulabram  
Shevgaon, Shevgaon  
Dist:- Ahilyanagar 414502  
Date: 01/07/2025

To,  
**The Director,**  
SEDCOM,  
Shevgaon, Dist- Ahmednagar

**Subject:** Consent for performing duties as student counselor.

**Reference:** Your office letter No. 11 dated 01/07/2025

Respected Sir,

On going through the duties and responsibilities laid down for student counselor, I Prof./Mr./Mrs. Autade Sunil Gulabram would like to inform you that, I am consented / not consented to perform the duty of student counselor in your institute. I had read and understood the duties and responsibilities for the same. I would like to deliberate my sincere thanks to the Institute Management for considering and nominating me for this task. My detailed information is as below.

Name	:	<u>Autade Sunil Gulabram</u>
Detailed Mailing Address	:	<u>sunilautade2013@gmail.com</u>
Educational Qualification	:	<u>M.A-B-Ed. M-Phil.</u>
Experience	:	<u>20 yrs</u>
Contact No	:	<u>9960592917.</u>
Thanking you.		

Yours





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# PERSONAL COUNSELING REPORT

## ACADEMIC YEAR

### 2024-25

  
Dr. Riyazkhan H. Attar  
Director  
Sunitatai Eknathrao Dhakane  
College of Management, Shevgaon





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## A REPORT ON PERSONAL COUNSELING PROCESS

### FOLLOWED ON ACADEMIC YEAR-2024-2025

The robust and mutually beneficial relationship that can evolve between an experienced faculty member and student constitutes a time honored tradition with in academia. Experienced faculties guide the students to improve their subject knowledge and always suggest about future job prospect in the industry. Recognizing the benefits of mentoring and the process of ongoing learning among all facilities both to the institution and individual members, institution academia committee has sought to enhance the impact of mentoring through formal initiatives designed to support and encourage it.

The following students were identified suffering from the problems mentioned below.

Sr.No	Name of Student	Class	Issue / Problem of student
01	Zirpe Kalyani Sopan	FYMBA	Depression
02	Gaikwad Bharti Bhagwat	FYMBA	Fear Of Exams
03	Jadhav Puja Namdev	FYMBA	Lack Of Communication
04	Holkar Mohan Anil	FYMBA	Lack Of Concentration
05	Katade Sagar Appasaheb	FYMBA	Tension With Exams
06	Chemte Priya Govind	FYMBA	Stress

**Zirpe Kalyani Sopan** : Depression is a serious and important issue on college campuses across the country. College students are susceptible to depression due to potential factors such as stress with college, work, or finances, or possibly feeling isolated after moving away from friends and family. Ms **Zirpe Kalyani Sopan**, bearing Regd No : 23612140147 was found suffering from depression.

His Class Mentor counseled him for thrice in the semester. The Mentor advised him to follow Meditation, Practice Mindfulness Exercise, Improve nutrition, and improve his sleep habits.

**Gaikwad Bharti Bhagwat** : It's a quite a Common scenario that students develop exam phobia. Gaikwad BHarti Bhagwat was noticed suffering from Fear of Exams. Her Class Mentor took her enormous pride in her abilities to counsel the student twice in the semester. She advised the student to follow the tips:

1. Start Revising Early
2. Makin your own Timetable
3. Write legibly

**Dr. Riyazkhan H. Attar**  
Director

Sunitatai Eknathrao Dhakane  
College of Management, Shevgaon





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**Jadhav Puja Namdev** was found lack of communication skill which hampered him from the class activities. The Mentor of the class conducted a separate counsel for him and made him to get succeeded in delivering his presentation with full confidence. The Mentor counseled him with the following tips.

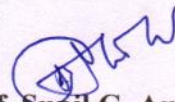
1. Listen Carefully
2. Consistency
3. Check to make sure audience needs are being met.

**Holkar Mohan Anil**, was found weak at communication skill because of which he developed inferior complexity. Identifying her problem, the Mentor of her class counseled him thoroughly and set her out of the fear. The Mentor advised her to follow Good Vocabulary, Listening and Practice more.

**Katade Sagar Appasaheb**, was noticed Tension with exams. As we know, Exams are often considered a 'fear' factor among students. Students of all age groups do undergo exam anxiety and have 'exam phobia' when it's around the corner. Since its a common problem, The class Mentor took him to the Counseling Room and advised him some simple tips to overcome the fear. The tips he supplied were:

1. Never compare yourself with other students
2. Revise all the topics you have studied
3. Be focused.

**Chemte Priya Govind**, is another student, who had been noticed undergoing stress. His Class Mentor counseled him and provided him the tips to be followed to overcome the problem. He advised him to indulge in physical activity, to get more sleep, and to take control.

  
**Prof. Sunil G. Autade**  
Counselor

Kai.Sau.Sunitatai Eknathrao Dhakane  
Polytechnic College, Shevgaon

  
**Dr. Riyazkhan H. Attar**  
Director  
Sunitatai Eknathrao Dhakane  
College of Management, SI





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